



GPC NZ

GLOBAL POWERLIFTING COMMITTEE NEW ZEALAND LTD

CONSTITUTION: 2014

**IN CONJUNCTION WITH THE GLOBAL POWERLIFTING COMMITTEE NEW ZEALAND LTD RULES AS
PUBLISHED ON THE GLOBAL POWERLIFTING COMMITTEE NEW ZEALAND LTD WEBSITE:**

www.gpcpowerlifting.co.nz

NOTE 1:

The term GPC NZ means Global Powerlifting Committee New Zealand Ltd.

NOTE 2:

The term HE includes HER.

NOTE 3:

The term powerlifting POWERLIFTING shall mean COMPETITIVE POWERLIFTING.

1. The name of the organisation shall be Global Powerlifting Committee New Zealand Ltd.
2. The GPC NZ is the only recognised governing body for all powerlifting held under the constitution and rules of the GPC NZ and the world governing body, the Global Powerlifting Committee Ltd.
3. All members who wish to register with the GPC NZ may do so immaterial of Race, Creed, Religion or Political Ideals.

4. The executive shall decide upon the emblem of the organisation. The use of such emblem and associated designs will only be awarded to powerlifters representing our nation and an international event, and under the rules and regulations of Global Powerlifting Committee Ltd. Minimum qualifying standards will be set at the AGM in conjunction with the executive board.

The official emblem is that of the wording Global Powerlifting Committee New Zealand, inserted into the gold/yellow border that is akin to the Global Powerlifting Committee's logo. Subsequent designs may be commissioned to represent GPC NZ yearly, upon the authority of the executive board.

The official GPC NZ emblem is to be displayed on all official GPC NZ literature and correspondence as well as at all Global Powerlifting Committee event anywhere in the world.

5. A Special Incentive Award may be awarded to a lifter or official who has contributed to the Sport unselfishly, and who has never received any awards for his efforts. However, a member of the executive board must propose such recipient and a special hearing will be set aside to determine the validity of the proposal.

6. **MEMBERSHIP:** The association shall consist of:

- a. Competitor members
- b. Referee members

FEES: The membership term runs as a calendar year from the date the payment is received. All membership fees are determined at the AGM.

- i) Membership may be suspended or terminated following a resolution passed by a two thirds majority of votes at a meeting of the Executive Board if a member:
 - a. is convicted or an indictable offence
 - b. acts in a manner considered to be injurious or prejudicial to the character or interest of the federation
 - c. breaches any provisions of this Constitution or Code of Conduct which is not remedied within 14 days after receiving notice from the Executive Board requiring the breach to be remedied
- ii) Any member may resign from membership of the Federation by giving the Executive Board no less than 30 days notice of such resignation. Resignation will not release a member from any monetary or other obligation due to the federation at the time of the member's resignation.

7. **THE HEAD OFFICE** shall be in such a place as the members of the GPC NZ Executive board decide in General Meeting from time to time.

8. **THE OBJECTS** intents and purposes of the GPC NZ Executive board are:

- a. The main object for which the GPC NZ Ltd is established is to promote the sport of powerlifting.

- b. To govern Powerlifting meets and to promote uniformity of rules for the guidance of National regions.
- c. To deal with any abuse of Powerlifting which may be submitted of some to their notice.
- d. To ensure that the necessary incentive is provided for lifters of all grades.
- e. To arrange championships for lifters of all grades every year.
- f. To arrange nationwide matches and assist all regions, if possible, with the necessary back up support.
- g. To select lifters and officials for special awards.
- h. To provide for the keeping of official lists of Nationals Powerlifting performances, i.e. competition results.
- i. To watch the course of any legislative proposals to any Parliament or local Councils or elsewhere, effecting the interest of Powerlifting and to make such representation on the subject as the occasion may demand.
- j. To appoint Referees, Weigh in Officials and such other Officials as may from time to time be recommended by the Executive Board, provided that they satisfy the qualification and requirements of the GPC NZ Ltd.
- k. To uphold and maintain the representation of GPC NZ in regards to positive sportsmanship, equality and fairness, and uphold the members to such standards of behaviour if representing GPC NZ.
- l. To ensure the GPC NZ and its associates are adhering to the Code of Conduct.

9. LAWS: All Regional Representatives and clubs affiliated to GPC NZ shall be found to observe and abide by the rules and regulations of the GPC NZ, including the Code of Conduct and shall, upon request, furnish any information, falling within the scope of the Regional Representatives activities, to the GPC NZ Executive Board.

10. THE EXECUTIVE OFFICE shall consist of an operation Executive Board and Executive Trustees. The executive board shall consist of a President, Vice President, Secretary, Treasurer, Technical Officer and Records Keeper. Members of the GPC NZ Executive Board must not have a conflicting interest in another powerlifting federation, such as a financial membership or position on the board/executive role.

President: The President shall preside over Annual General Meetings, directing the debates and keeping order and rule as per parliamentary debate.

In the case of equal voting on a motion, the President will have the deciding vote.

The President is responsible for ensuring individuals adhere to the rules and regulations on the GPC NZ.

The President shall endeavour to promote the GPC NZ on the National and International powerlifting circuit by keeping in contact with the committees of the various affiliated Nations, the World body, and allied organisations including the use of media coverage wherever possible.

Vice President: The Vice President is to assist the President in his work as assigned.

The Vice-President shall perform all the duties of the President, whenever the President ceases to hold office for any reason or is prevented from attending to his duties.

The Vice President shall be delegated to have all the power and perform the duties of the President when the latter is not available.

The Vice President shall represent the GPC NZ Executive Board at National Championships and Meetings.

Secretary: The Secretary shall attend to all official correspondence of the GPC NZ.

The Secretary shall make available, through direct email or through the official website, all bulletins containing all information concerning GPC NZ to all members.

The Secretary shall keep available an up to date register of all National Members current contact details, liaise with the treasurer register new memberships and issues reminder notices for expiring memberships.

The Secretary shall record all minutes and information gathered at meetings of the GPC NZ and circulate same to all Nationals Members.

The Secretary shall give notice of all meetings and draw up the minutes of those meetings.

Treasurer: The Treasurer shall keep proper records of the GPC NZ financial transactions in accordance with current accepted accounting rules and practices.

The Treasurer shall produce a detailed annual balance sheet to the Executive Board at the AGM.

The Treasurer shall implement control procedures to minimize the risk of financial exposure, ensure that the bills are paid and cash is banked in accordance with the procedures mentioned above.

The Treasurer will assist the Meet Director to ensure competitions budgets are accurate and complete and financial plans for competitions are considered and have appropriate expenditure.

The Treasurer shall prepare an annual budget for the GPC NZ Executive Board and regularly inform the Board of progress against the budget. He shall ensure that all statutory returns are made, including income tax and corporation tax and charity returns, if applicable.

Technical Officer: The Technical Officer shall deal with all recommendations and proposals of a technical nature. However, should any decision be made it shall be to the approval of the GPC NZ Executive Board.

The Technical Officer shall organise courses for Referees during the year and ensure Referees fulfil requirements for grading.

The Technical Officer shall appoint Referees and Officials for competitions as necessary.

The Technical Officer is to ensure that all equipment used at GPC NZ championships conforms to the specifications of the GPC NZ.

Record Keeper: The Record Keeper shall keep all National Records up to date and will update record lists on the website.

The Record Keeper shall be responsible for a yearly report on records to be presented at the AGM.

The Record Keeper shall issue National Record certificates.

The general management of the affairs of the GPC NZ shall be vested in the Executive Board; the present Executive Board shall hold and continue in office until their successors have been appointed.

The Executive Trustees shall be responsible for disciplinary measures of all parties within GPC NZ and conflict resolution within the GPC NZ Executive Board. The executive trustees will be responsible for approving financial expenditure over one thousand dollars and management of the assets, upon discussion with the Executive Board. The Executive Trustee positions are not elected and the Trustees are held to the Code of Conduct and the GPC NZ Constitution. If a conflict were to arise that concerned an Executive Trustee that person/s is to be excluded from all discussions and decisions.

11. PATRONS: it shall be competent for the Executives Board to submit to the AGM the names of such persons as they may think desirable for election as Patrons and Life Members of GPC NZ.

12. MEETINGS OF THE EXECUTIVE: The Executive Board may meet for the dispatch of business, adjourn or otherwise regulate their meetings as they think fit. Until otherwise determined in General Meetings. 4 members shall form a quorum.

13. MEMBERSHIP: All members will be required to register using the official GPC NZ form. Membership fee is to be determined at the AGM each year and will become due and payable upon registration.

14. FORFEITURE OF ANY SEAT: Any members of the Executive Board who shall be absent from two consecutive meetings without leave shall be deemed to have vacated his seat. In the event of a vacancy occurring from the non-attendance or any other reason the GPC NZ Executive Board may elect a new member to fill such a position on the Executive Board.

15. POWERS OF EXECUTIVE: Without prejudice to the power conferred on the Executive Board under any section of these rules, they shall be vested with the following further powers and discretion namely:

- a. In the event of vacancies by reason of resignation or otherwise to appoint a Secretary and other officials.
- b. To control expenditure under one thousand dollar.
- c. To hear and decide upon appeals from the National members
- d. To present said appeals to the Executive Trustees
- e. To summon, at least once a year, an AGM of the GPC NZ

- f. To deal with any infringements of the rules of GPC NZ
- g. To deal with any breaches of the Code of Conduct and present these to the Executive Trustees
- h. To make arrangements to hold Powerlifting Meetings at such times and places as may be decided upon by a majority of votes, provided competitions shall only be held at such places where there are proper facilities and in the opinion of the Executive Board are suitable for the purpose.
- i. To regulate and define from time to time the duties, power and functions of the Regional Associations.
- j. To open a banking account in the name of the Association and to draw, accept and endorse cheques, bills of exchange and promissory notes in connection with the GPC NZ.
- k. To appoint referees, weigh in officials and such officials as may from time to time be recommended.
- l. To alter the rules governing Powerlifting Meetings, so as to remain in conformity with the alterations made by the Global Powerlifting Committee Ltd.
- m. Notwithstanding anything to the contrary to these rules, the Executive Board shall have the power to sanction the payment of traveling and hotel expenses of any member should in their option exceptional circumstances of any case warrant this being done.

16. DISCIPLINARY POWERS: The disciplinary powers of the Federation in respect of its members are exercised by the Executive Trustees. The Executive Trustees will decide disciplinary matter by a majority vote.

- a. The Executive Trustees will have power to deal with any allegation that a member has:
 - i. Contravened the rules, regulations, bylaws, Code of Conduct or policies of the Federation;
 - ii. Brought the federation and/or the sport of powerlifting into disrepute;
 - iii. Been guilty of conduct unbecoming a member of the Federation;
- b. The Executive Trustees may impose any one or more of the following penalties:
 - i. Reprimand;
 - ii. Suspension;
 - iii. Termination of membership; iv. Fine;
 - v. Such other penalty through to be appropriate by the Executive Trustees.

17. INTERPREATION OF RULES: The decision of the Executive Board and/or Executive Trustees as to the meaning and effect of any of these clauses or any of the rules governing the Powerlifting or any of the by-laws shall be final and conclusive.

18. AGM: An Annual General Meeting of the GPC NZ Executive Board shall be held once a year. This meeting shall be called the "AGM" and it shall be the duty of the Executive Board to submit at such meetings a report and financial statement on the year's work.

19. SPECIAL GENERAL MEETING: The Executive Board may, whenever they think fit and shall open requisition made in writing, signed by not less than three Executive Board members, call a Special General Meeting or the GPC NZ.

20. REPRESENTATION AT WORLD AGM: The GPC NZ President shall endeavour to attend the AGM of the World GPC body. If the GPC NZ President is not able to attend the World AGM then another member of the Executive Board will represent New Zealand and have the right to vote upon matters agreed by the Executive Board. If an Executive Board member is unable to attend then the Board may select a National Member fit to represent GPC NZ.

21. NOTICE OF ANNUAL AND SPECIAL MEETINGS: All Annual and Special Meetings of the GPC NZ shall be convened by notice in writing from the Secretary of the GPC NZ and not less than twenty-one days notice shall be given of each meeting. The notice convening the meeting shall specify the objects and business proposed to transact at the meeting and such notice shall be sent by email to National Members.

All notices of the motion for the AGM shall be sent to the Secretary of the GPC NZ not later than three weeks before the meeting and the National Members shall be given three weeks notice of the date and place of the meeting. The agenda for the meeting will be set by the Secretary and President and be emailed to all National Members prior to the AGM.

22. QUOROM AT ANNUAL GENERAL MEETINGS: No business shall be transacted at any general meeting unless at least 4 delegates be present there at.

23. PROCEDURE AT ANNUAL AND SPECIAL GENERAL MEETINGS: The business of an AGM shall proceed as follows:

- a. Reception of Delegates Credentials
- b. Reading of notice convening meeting
- c. Reading and confirming the Minutes of the previous General Meeting
- d. Reading the report, if any, of the Executive Board
- e. Dealing with any special business of which special notice shall have been given
- f. Dealing with correspondence
- g. Dealing with general business and at the AGM the following business shall be dealt with:
 - i. Receive the reviewed Revenue and Expenditure Account and Balance sheet for the previous year and considering and if thought fit, adopting the same.
 - ii. Election of Board members
 - iii. Allocation of venue for National Championship
 - iv. Election of any other member seen fit by the Executive Board, i.e. weigh in officials, Regional Representatives.

24. METHOD OF VOTING: All questions submitted to a meeting shall be decided by a show of hands as by ballot and in the case of an equality of votes, the President shall have a casting vote in addition to his vote as a member. All voting procedures for positions on the Executive Board and/or other official roles shall be done by secret ballot and the votes counted and

reported at the AGM by a member of the Executive Board who is not up for vote, or a National Member decided upon by the Executive Board prior to the AGM.

- 25. CODE OF MAJORITY BINDS MINORITY:** The vote of the bare majority of the members represented at a meeting in all case bind the minority.

- 26. MEMBERS DO NOT TAKE PART IN MEETINGS IF THEIR NATIONAL MEMBERSHIPS ARE UNPAID:** No National Member shall be allowed to take part in proceedings of any General Meeting unless their membership for the current year is paid.

Members of any International GPC Association or Club affiliated thereto, may be present at any General Meeting, but they cannot take part in the proceeding unless specially invited by the President to do so. In any case they shall not be entitled to vote.

- 27. PRESIDENT TO PRESIDE AT MEETINGS:** At all meetings the President of GPC NZ shall preside and in the absence of the President the Vice President shall preside.

- 28. PROMOTION OF COMPETITION:** The GPC NZ Executive Board shall accept and consider bids for GPC NZ affiliated events. There will be required to be submitted but a date decided by the Executive Board. The Executive Board shall decide the requirements and criteria for each event. They shall vote on the bids and by a majority vote they shall award the event to the successful promoter. It is the promoters responsibility to fulfil the requirements of the documentation provided to them by the GPC Executive Board prior to bidding for the event. All monies received for events in the way of entry fees shall be collected by the Promoter. GPC NZ will provide financial aid when perceived to benefit the federation for example, referee development etc. This will be voted on by the GPC Executive Board. Shall the promoter not fulfil their obligations under the Competition Guidelines, GPC NZ Executive Board reserves the right to remove the GPC NZ affiliation from said event and/or cancel the event.

- 29. PRIZES FOR ALL EVENTS:** The prizes for Regional and Nationals events shall be decided by the GPC NZ Executive Board and include cups as possessed by the organisation.

The award presented for first, second and third prize shall be adequate in the opinion of the Executive Board.

The President is authorised to hand any perpetual cups to any winners entitles to them for a year only after formal receipt has been signed and delivered to the President and a guarantee to the satisfaction of the Executive Board for the safe custody and return within one month before the next championship. All cups must be in the bone-fide possession of their holder from the date of their formal delivery, or the Board may declare any such holder disqualified and his title forfeited.

The GPC NZ championship trophies may be exhibited wherever the competitions are held, the cost of the transporting of the trophies to be charged to the GPC NZ Federation.

- 30. APPEALS:** A member who is feeling that he was been wronged by a decision of the Executive Board or Trustess, shall within 14 days of being informed of such a decision, give the Executive Board notice of his decision to appeal to the GPC NZ Executive Board stating the circumstances leading to the decision and the reasons for his appeal. The President will then provide a copy of this notice of appeal to the Executive Trustees as well as the Board members concerned,

requesting him comment in writing, within 21 days of providing the said information. Upon receiving the comments back from the Board member the Executive Trustees shall decide of the appeal. The decision of the Trustees to allow the appeal of the wronged member shall be taken in Camera without any further viva voce evidence and shall be final and binding.

- a. This process does not replace the dispute procedure outlined in the GPC NZ rulebook for technical decisions at competitions. It is a further protocol should the dispute not be resolved at the event.
- b. This process does not replace the conflict of interest procedures outlined in the Code of Conduct regarding the accused.

31. THE EXECUTIVE BOARD shall not be empowered to revise or add to any part of the Global Powerlifting Committee Ltd rules. All questions and interpretations of such shall be submitted in writing to the Secretary of the World Executive Committee in order that it may be put on the agenda for the following meeting.

32. ALTERATION OF RULES: This constitution may be added to, repealed or altered at any General Meeting of the members of the GPC NZ, duly convened for the purpose of the holding of which meeting due notice in writing shall be given by the Secretary of the GPC NZ. Such notice shall be given in what respect it is proposed to alter, amend, add to, or repeal the said rules. An amendment shall require a two-thirds majority of delegates present at the meeting.

33. The GPC NZ Executive Board will oversee all rules, regulations and decision made by GPC NZ. It will be in his duty to protect interests of the GPC NZ.

34. The GPC NZ Trustees will oversee all disciplinary action and financial expenditure over one thousand dollars, including management of assets over one thousand dollars.

35. INCOME AND PROPERTY: The income and property of the GPC NZ organisation shall be applied solely towards the promotion of its main objects as set forth in this constitution. No proportion of the organisations' income or property shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise howsoever by way of profit, to members of the organisation. No officer of GPC NZ shall be appointed to any office of the organisation, paid by salary or fees or receive any remuneration or other benefit in money or money's worth from the organisation in respect of such office. However, nothing shall prevent any payment in good faith by the organisation of:

- a. Reasonable and proper remuneration to any members, officer or servant of the GPC NZ organisation for any services rendered to the GPC NZ organisation.
- b. Interest at a rate not exceeding 5% per annum of money lent by officers or other members to the GPC NZ organisation.
- c. Reasonable and proper rent for premises and equipment demised and let by any member of the organisation to the organisation.
- d. Reasonable and proper out-of-pocket expenses incurred by any officer in connection with their attendance to any matter affecting the organisation.

- e. Fees, remuneration or benefit in money or money's worth to any Company of which as officer may be a member holding not more than one hundredth part of the issued capital of such company.

36. WINDING UP: If upon the winding-up or dissolution of the GPC NZ there remains, after the satisfaction of all its debts and liabilities, any property whatsoever, it shall not be paid to or distributed among the members of the organisation. Instead, such property shall be given or transferred to some other institution or institutions having main objectives similar to the main objectives of the organisation. The institution or institutions to which the property is to be given or transferred shall prohibit the distribution of its or their income and property amongst its or their members to an extent at least as great as is imposed on the GPC NZ organisation by virtue of clause 36 of this constitution. Members of the organisation shall select the relevant institution or institutions at or before the time of dissolution and if and so far as effect cannot be given to such provisions, then the property shall be given or transferred to some charitable object.

37. KEEPING OF ACCOUNTS: Annual reviewed accounts will be kept and made available upon request by any official party governing the organisation or as required by a representative of the Charitable Trusts Act New Zealand or the Inland Revenue Department.